



#StopTheSpread

When to stay home sick from work or school

At ISD 318 we are committed to keeping students and staff healthy.

Staff, students parents, siblings, visitors,

Do NOT enter a school building if:

you have had a positive COVID-19 test



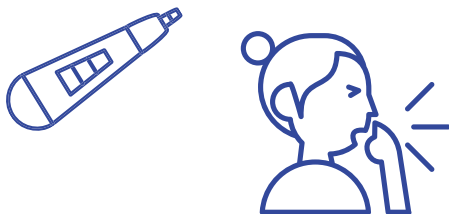
you have **one** of the following symptoms

OR

you have **two** of the following symptoms

- cough
- shortness of breath
- difficulty breathing
- fever of 100.4 or higher

- sore throat
- chills
- new loss of taste or smell
- nausea
- vomiting
- diarrhea
- headache
- fatigue
- congestion or runny nose
- muscle or body aches



if you, your child, or a family member has been exposed to someone with COVID-19 or you are waiting the results of a COVID-19 test.



If you are getting ill and think you may have COVID-19, please stay home. If you have a new symptom with no other diagnosis to explain it, please stay home and talk to your health care provider about testing for COVID-19, even if it is the only symptom you are experiencing.